



The poster features a vibrant design with silhouettes of people performing various exercises like yoga, stretching, and running. It includes logos for the Dubai 30x30 Fitness Challenge and Pristine Private School's 25th anniversary. The main title 'MOM AND DAUGHTER FITNESS CHALLENGE' is written in large, colorful letters, with 'YEAR 3 TO 8' in a separate box. Below the title, the event details are provided in colored boxes: 'When: Thursday, 16<sup>th</sup> November 2017', 'Timings: 7:40 – 8:10 am', and 'Venue: PPS Sports Field'. Two text boxes describe the challenge as a city initiative and express the school's support for the community.

**MOM AND DAUGHTER FITNESS CHALLENGE**  
**YEAR 3 TO 8**

**When: Thursday, 16<sup>th</sup> November 2017**

**Timings: 7:40 – 8:10 am**

**Venue: PPS Sports Field**

**30x30 Dubai Fitness Challenge, a city initiative of His Highness Sheikh Hamdan Bin Mohammed Bin Rashid Al Maktoum, Crown Prince of Dubai and Chairman of the Executive Council for Dubai Government to make Dubai the most active city in the world.**

**As the PPS Community accepted the challenge, we would like to extend our support for this initiative by challenging all the Pristinian Moms to come and join us in doing the *30 minutes Aerobics Exercise.***

Best Regards,  
Shaguha Kidwai  
Principal

**Acknowledgement Slip**

I, parent of \_\_\_\_\_ in Year \_\_\_\_\_ hereby confirm that I will attend the fitness challenge on Thursday, 16<sup>th</sup> November 2017.

Parent Signature: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Date: \_\_\_\_\_